

**Evaluation letter from SPORTSROOM, Bulgaria for From Waste to Wear: Building Skills for a Greener Wardrobe!" project**

I am writing to provide an evaluation of the "From Waste to Wear: Building Skills for a Greener Wardrobe" project, a highly successful Erasmus+ initiative aimed at fostering digital consciousness and entrepreneurial skills among its participants.

The project addressed the pressing issue of fast fashion's impact on young people, who are often targeted by the industry through social media, advertising, and influencer marketing. This promotes a culture of consumerism and disposability, leading to overconsumption and a lack of consideration for the environmental and social impacts of their purchases. Additionally, the fast fashion industry often exploits low-wage workers in countries with weak labor protections, subjecting them to poor working conditions, long hours, and low wages. This exploitation is particularly concerning for young people, who are often the same age as the workers in the industry.

The "From Waste to Wear" project focused on combating these issues by promoting sustainable fashion practices and equipping young people with practical creative skills like knitting and embroidery. These skills provide a sense of accomplishment and self-expression and can be used to repair and transform clothing. Furthermore, they promote mindfulness and well-being, which are crucial in today's fast-paced world.

Participants in the project, hailing from diverse countries and backgrounds, developed strong bonds of community and cooperation. Through comprehensive training activities and workshops, including expertly crafted presentations by ACPELIA representatives, mindfulness activities such as meditations, brainstorming sessions, and innovative psychological exercises, participants enhanced their ability to collaborate on real-world problems and challenges, while also developing their creative and critical thinking abilities.

Overall, the GREEN WARDROBE project was a resounding success, showcasing excellent organization and execution. It not only equipped participants with valuable skills and knowledge but also made a significant impact on advancing digital development and fostering an entrepreneurial mindset among the group. The project promoted a culture of reuse and



repurposing rather than disposable consumerism, aligning with the growing interest among young people in sustainable fashion practices.

In conclusion, I highly commend the efforts and outcomes of the "From Waste to Wear: Building Skills for a Greener Wardrobe" project. It serves as an exemplary model of what can be achieved through dedicated collaboration and innovative thinking, addressing both the environmental degradation and social exploitation issues inherent in fast fashion, while promoting sustainable and mindful consumption patterns.

**Done at:**

**Name and Surname**

**Sofia, Bulgaria 27.05.2024**

**Ivan Ivanov, President of SPORTSROOM**

The image shows a handwritten signature in blue ink, which appears to be 'Ivan Ivanov', written over a circular official stamp. The stamp is blue and contains the text 'СПОРТИВНО СЪЮЗНОСТЕ' at the top, 'sp. Montana' and 'BG. Montana' in the center, and 'SPORTSROOM ASSOCIATION' at the bottom.